

# How To Improve Your Professional Charisma

## Be Charismatic



Charisma

CHARISMA

## What You Will Learn in 4 Hours

- 7 Steps to build charisma
- 11 Elements for a Strong first impression
- How to be a better conversationalist
- How to be a better listener
- How to be a courteous co-worker
- How to be a charismatic facilitator
- How to avoid 10 distancing behaviors at work
- 15 powerful e-mail etiquette tips
- 3 steps to guarantee public speaking success
- 7 ways to control nervousness

## Learning Objectives

- Understand the power of a good first impression
- Learn how to be a better communicator
- Understand charisma can be learned
- Learn how to build personal self esteem